



COALITION OF GERIATRIC SERVICES INC.

Professionals Working Together To Improve The Lives Of Older Adults

410-997-0610

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www.cogsmd.org

MAKING HOWARD COUNTY A BETTER PLACE FOR OLDER ADULTS



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**SENIOR DAY
PLAN YOUR FUTURE!**

Saturday, May 17, 2008 – 10:00 a.m. to 4:00 p.m.

BAIN CENTER

5470 RUTH KEETON WAY, COLUMBIA MD 21044

This event is for senior citizens and their adult children.
Co-sponsored by The Coalition of Geriatric Services (COGS)
and the Howard County Office on Aging.

As part of COGS' outreach activities to the community, we are partnering with the Howard County Office on Aging to provide information on the different types of services that are available for senior citizens and their families. Senior Day will consist of exhibitor booths from the various providers of services represented by COGS members as well as presentations by COGS and the Howard County Office on Aging staff on four major areas.

Exhibitors will be in the main hall of the Bain Center and presentations will take place in one of the rooms off the lobby. The presentations and their times are as follows:

- 10:00 am - 11:00 am Essential Legal Documents
- 11:30 am - 12:30 pm Looking at the Next Stage
(In-Home Care, Assisted Living, and Nursing Home)
- 1:00 pm - 2:00 pm Senior Care Programs At The Office of Aging
- 2:30 pm - 3:30 pm Aging: "What's Normal, What's Not"

Admission to the event is free and is open to the general public.
Free refreshments will be served throughout the day.

Booths for vendors servicing the senior community will consist of a 6' table and 2 chairs and will be available on a first come basis. The cost for each booth is \$200. Full payment and all applications must be received by May 1, 2008. For more information on registering as a vendor please send an email to info@cogsmd.org or call 410-997-0610.

MARK YOUR CALENDAR

**Wednesday, April 23, 2008
COGS Annual Partnership Awards**
Location: Howard County General Hospital - Wellness Center
Which is in the Columbia Medical Center Building NEXT to the hospital. 11055 Little Patuxent Parkway, Suite L9 (Downstairs), Columbia, MD 21044

Topic/Speaker: Annual Partnership Awards
Maggie Brown, President of the Columbia Association will speak on the importance of creating partnerships.

**Saturday, May 17, 2008
SENIOR DAY-** This event is for senior citizens and their adult children.
Location: Bain Center
5470 RUTH KEETON WAY,
COLUMBIA, MD 21044

Time: 10:00 a.m. to 4:00 p.m.
Senior Day will consist of exhibitor booths from various providers of services represented by COGS and the Howard County Office on Aging staff on four major areas. (See our Senior Day advertisement on this page for schedule of speakers).
Admission to the event is free and is open to the general public. Free refreshments will be served throughout the day.

**Wednesday, May 28, 2008
COGS Monthly Membership Meeting**
Location: Somerford Place 8220 Snowden River Parkway Columbia, MD 21045
Time: 8:30 am – 10:00 am
Speaker: Micheal LeChance, Legislative Liason for MD Dept. of Aging

Message From the President

Last month COGS said "good bye" to its long-standing Administrator, Christy Clark. The Board of Directors celebrated Christy's service to COGS at a special dinner held in her honor on Friday, March 14, in Baltimore's Little Italy. Christy has been invaluable to COGS through her devotion to our mission, her willingness to take on virtually any project, her desire to help others, and more.

Furthermore, Christy and her husband, Joe, have been extremely generous in their support of COGS and its charitable activities. Christy will continue to attend COGS meetings as her schedule allows, so her departure is fortunately not a "farewell."

As we say a fond good bye to Christy, we happily welcome our new Administrator, Lisa Hasch. Next month, we will feature information about Lisa.

Transitions Healthcare Sykesville

Transitions Healthcare is devoted to helping individuals who have suffered from a medical event transitions to their highest level of physical and mental functioning. Transitions Healthcare strives to be the leader in post acute care by meeting the physical and psycho-social needs of our residents and their families through the provision of quality care in a friendly, clean and comfortable setting that allows residents to focus on their goals. We provide up to seven days a week rehabilitation services, central line and I.V. care, as well as the ability to manage both complex medical condition with rehabilitation needs.

Our clinical team includes around the clock Registered Nurses and Licensed Practical nurses, a registered dietician, occupational, physical and speech therapy, recreational specialists, and an excellent social services team. This group of clinicians under the guidance of our AMDA certified Medical Director and our dynamic Director of Clinical Services ensures our residents will be able to enjoy the highest possible level of recovery. Please call Robin Wagner at 410 795-1100 to set-up a tour of our facility located just north of Rte 70 in peaceful Sykesville, Maryland.

COGS Welcomes our newest members:

- Tantum Quantum**
PO Box 2517
Kensington, MD 20891
(301) 530-9802
Mary Cadden, M.A., Life Coach & Group Facilitator
Focus is on Personal Growth & Development. Works with Groups and/or Individuals. Spiritual Orientation. Meditation Classes.
COGS Welcomes our
- NEWEST BOARD MEMBERS:**
Cheryl Burris, RN, Senior Living Geriatric Care Management Services, LLC
Shelley Garten, Howard County Office on Aging
Diane Huss, DMH Geriatric Consulting, LLC
Matthew Maurano, Transitions Healthcare, LLC