



COALITION OF GERIATRIC SERVICES INC.

Professionals Working Together To Improve The Lives Of Older Adults

410-997-0610

info@cogsmd.org
www.cogsmd.org

MAKING HOWARD COUNTY A BETTER PLACE FOR OLDER ADULTS



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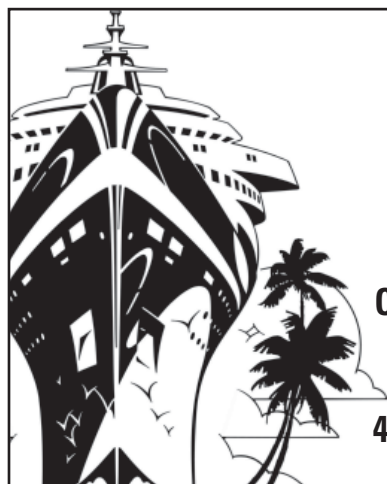
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Generations



CRUISE RAFFLE

Sponsored by COGS (Coalition of Geriatric Services)
Proceeds to benefit Caregiver Scholarship Fund

Enter to win a 7-day cruise for 2 to the Caribbean or Mexico

Some restrictions apply

Cost: \$10 each or 12 tickets for \$100

Drawing to be held on Wednesday, June 25, 2008
(Need not be present to win)

To purchase tickets, please call Lisa Hasch at

410-997-0610 or email **info@cogsmd.org**

Howard County Health Park

The Howard County Health Park has been established as a major community health care resource for residents of all areas of the county. Centrally located at 6334 Cedar Lane in Columbia, the Health Park offers convenient 24-hour / 7 days a week access to a spectrum of important health care and related services designed to meet the needs of our fast growing, diverse population.

The Health Park is home to the Lorien Nursing & Rehabilitation Center which offers short term rehabilitation services, skilled nursing care, medical specialty services, long term care, and outpatient services serving a range of health care needs. In addition, the campus includes Harmony Hall which offers Assisted Living Services designed to allow seniors to live in a modern, attractive and comforting environment with access to personalized support services. A full range of amenities, including complementary privileges at the nearby Turf Valley Resort and Conference Center is also included. These important facilities will soon be connected with an enclosed walkway to ease access to services available in either building including a new state of

the art Rehabilitation Gym that will utilize the latest technology to treat each resident individually and transmit important information electronically to loved ones.

On-site mental health services are offered by CGS Comprehensive Geriatric Services, a multi-disciplinary behavioral healthcare company specializing in the evaluation and treatment of older adults.

Urgent care is also readily available to those of all ages at the Nighttime Care Center which provides exceptional medical care and superior personal service for common illnesses and minor injuries.

Howard County Health Park will also include Davita dialysis group, the largest independent provider of dialysis services in the United States. The onsite dialysis center will provide convenient services for those diagnosed with chronic kidney failure.

As the population of Howard County grows and changes, the Howard County Health Park is committed to improving quality of life by offering expanded services to meet the needs of residents now and in the future.

COGS Welcomes our newest members:

It's Time To Organize
8720 Endless Ocean Way
Columbia, MD 21045
410-290-1914 phone

Jan Brady, Owner

Professional organizing and declutter your home. Will present downsizing workshops at senior centers and businesses. Member: National Association of Professional Organizers, Maryland Association of Professional Organizers.

Community Home Health of Maryland
10999 Red Run Blvd. Suite #100
Owings Mills, MD 21117
800-282-8104 phone
410-356-8502 fax
www.msa-corp.com

Bruce Goodman, LNHA, Director of Business Development

Skilled Home Health Agency providing skilled nursing, physical, occupational, speech therapies, Durable medical equipment and home delivery diabetic equipment and supplies. Medicare and JCAHO Certified.

Community Hospice of Maryland
9940 Franklin Square Dr., Ste K
Baltimore, MD 21236
410-248-3030 phone
www.communityhospices.org

Victoria J. Shaffer, Vice President of Business Development

Community Hospices provides palliative and end-of-life care to both children and adults with a terminal diagnosis which limits their life expectancy.

Griswold Special Care
4 E Rolling Crossroads
Catonsville, MD 21228
410-747-7999 phone

410-719-1784 fax
www.griswoldspecialcare.com

Lynn Christi, Manager

The World's Oldest Multi-National non-medical home care company. Griswold Special Care refers Caregivers who provide personal care, homemaking, companionship, incidental transportation and other services to Clients wishing to remain safe and independent at home.

Transitions Healthcare
7309 Second Ave.
Sykesville, MD 21784
410-795-1100 phone
410-795-0029 fax

Matthew Maurano, Administrator
Skilled Nursing Care and Rehabilitation services. High activity patient care with up to seven day a week rehabilitation needs.

MARK YOUR CALENDAR

Membership meetings are free to COGS members, non-members pay \$10 at the door. Continental Breakfast is provided at all meetings. For more information call 410-997-0610 or visit our website at www.cogsmd.org

Wednesday, February 27, 2008

COGS Monthly Membership Meeting

Location: Winter Growth's Ruth Keeton House, 5466 Ruth Keeton Way Columbia, MD

Time: 8:30 – 10:00 am

Speaker: Tom Balles, Acupuncturist, Author, and Distinguished Lecturer from the Tai Sophia Institute

Wednesday, March 26, 2008

COGS Monthly Membership Meeting

Location: Ellicott City Health and Rehabilitation Center, 3000 North Ridge Road, Ellicott City, MD 21043

Time: 8:30 am – 10:00 am

Speaker: Kevin Gilson, Tools for Operational Excellence in Healthcare Organizations and Marty Stephens, Program Manager, Maryland Performance Excellence Awards Program.

Wednesday, April 23, 2008

COGS Annual Partnership Awards Breakfast

Location: Howard County General Hospital Wellness Center, 5755 Cedar Lane Columbia, MD 21044

Program: COGS will present an award to an organization and an individual for service to seniors in our community
Speaker: Maggie Brown, President of the Columbia Association will speak on the importance of creating partnerships.

Wednesday, May 28, 2008

COGS Monthly Membership Meeting

Location: Somerford Place 8220 Snowden River Parkway, Columbia, MD 21045

Time: 8:30 am – 10:00 am

Speaker: Micheal LeChance, Legislative Liason for MD Dept. of Aging