



COALITION OF GERIATRIC SERVICES INC.

Professionals Working Together To Improve The Lives Of Older Adults

410-997-0610

PO Box 2131, Ellicott City, MD 21041
info@cogsmd.org www.cogsmd.org

MAKING HOWARD COUNTY A BETTER PLACE FOR OLDER ADULTS



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COGS 2008 Annual Meeting and Elections

Wednesday, September 24th, 2008

Susan Reimer, Columnist for The Baltimore Sun since July 1993, will be our Guest Speaker! After 14 years of covering sports, she was asked to write about life as a wife and working mother. Many of us remember reading her column as she was tending to her aging parents. Susan is coming to share her experiences as a caregiver, daughter, sister, mother, and wife. Not only does Susan write a column that has been fabulous for 15 years, she is both a compassionate and FUNNY speaker. Her column appears on Sunday and Tuesday in the Sun. Susan is also the author

of Motherhood is a Contact Sport.

Where: Heartlands Senior Living Village
3004 North Ridge Road
Ellicott City, MD 21043

When: Wednesday, September 24th, 2008
8:00 am – 10:00 am

Cost: \$35.00 per person - Due 9/15/08
Hot Buffet Breakfast
\$45.00 at the Door

**The Annual Meeting has always been a fundraising event for COGS. This is the ONLY meeting where both members and guests are charged. Thank you for your support!

Meet Our Patron Member

Visual Appeal Makes It's Way To Your Home

Visual Appeal is a business that is dedicated to quality hair care services provided in the comfort of your home. As the owner, my commitment to you is Value, Style and Integrity for your hair. You can expect a professional consultation and salon quality products. Services rendered cater to a multitude of people which include the homebound, seniors, new moms, busy professionals, and brides, to name a few. Services performed are for women, men and children, and generally include hair cuts, basic styling, and special occasion styling. Shampoo, conditioning treatments, blow dry, and curling iron styles are available as well. Chemical services will be determined after consultation. Visual Appeal understands the need that one may have to look and feel their best despite any obstacles that may keep someone from getting to a salon. Delivery of beauty hygiene has been shown to help reduce stress, isolation and irritability in most recipients

who cannot get to a salon. In other situations, hair care in the comfort of ones home is simply more relaxing and convenient. I am a licensed cosmetologist and a certified cosmecearegiver. As a certified cosmecearegiver, I will provide hair and scalp cleansing and hair cuts to those who are bedridden. To respond to these needs, I am mobile and willing to travel to deliver quality hair care services to such as mentioned above. For more information and prices, please visit me at www.visualappealsalon.com or feel free to call me at 443-878-3519. Skin care services are also available, please inquire within.

LaQuashia S. Anderson
(Licensed and Insured)

COGS Welcomes Our newest members:

Ivy Hall Rehabilitation Center
1300 Windlass Drive
Baltimore, MD 21220
410-687-1383
Heather Howlett, Director of Admissions
Skilled nursing facility provides rehab, nursing, respite, hospice and long term care.

Visual Appeal
10306 Nightmist Ct
Columbia, MD 21044
443-878-3519
www.visualappealsalon.com
LaQuashia S. Anderson, Owner and Operator
Visual appeal provides professional hair care services. Hair care services are also provided in the convenience and comfort of your home. We provide "Value", "Style" and "Integrity" for your hair.

COGS is looking for donations of empty baskets for our Silent Auction items. Also accepting Filled Baskets, Gift Certificates and Monetary Donations.

MARK YOUR CALENDAR

Wednesday, September 24, 2008
COGS Monthly Membership Meeting & Elections
See article on this page for details. * Cost is \$35 each.

Wednesday, October 22, 2008
COGS Monthly Membership Meeting
Location: Morningside House
5330 Dorsey Hall Drive EC, MD 21042
Speakers: Senior Mediation Group ----Scenario's of How Mediation can be used. Informative and entertaining! Barbara Williams, Roz Zinner, Stacey Berger, Ruth Zaroni, & Collette Burnell.

Friday, October 25, 2008
Annual Gala-Casino Night & Silent Auction
See ad on this page for details.
* Inquire about our sponsorship opportunities which include free tickets to this event

COGS 2008 Fundraiser

Proceeds to benefit the Vivian Reid Fund and Neighbor Ride



"CASINO NIGHT"

Bain Center
5470 Ruth Keeton Way, Columbia, MD 21044
Saturday, October 25, 2008
7:00 pm – Midnight

Casino Style Gaming, Full Buffet, Beer & Wine included, Poker Tournament, DJ, Dancing, Silent Auctions, Raffles and a ton of fun!

For Ticket Order Form
Email: info@cogsmd.org or call 410-997-0610.

Single tickets: **\$50** each
Tables of 8 - \$360 • Tables of 10 - \$425

