



**COALITION OF GERIATRIC SERVICES INC.**

Professionals Working Together  
To Improve The Lives  
Of Older Adults

**410-997-0610**

PO Box 2131, Ellicott City, MD 21041  
info@cogsmd.org www.cogsmd.org

MAKING HOWARD COUNTY A BETTER PLACE FOR OLDER ADULTS



It is our pleasure to acknowledge and thank the following 2009 Sponsors for their commitment and support of the Mission of COGS

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Active Lifestyles for the 50+ Generation



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**COGS 2008 BOARD OF DIRECTORS**

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**HONORARY MEMBERS**

**Denise Giffin**, Heartlands  
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Consulting, LLC

**Manus O'Donnell**

**Nate Miller**

**Senior Day - Plan Your Future**

Saturday, May 30, 10:00 a.m. to 3:00 p.m.  
The Bain Center, 5470 Ruth Keeton Way  
Columbia, Maryland 21044

Join the Coalition of Geriatric Services and the Howard County  
Department on Aging for a day of exploration and learning...

- Free presentations by knowledgeable experts in the fields of law, homecare, assisted living and the aging process.
- More than 25 exhibitors in attendance that offer services for seniors.
  - Free refreshments.
  - Open to everyone free of charge.

Come for the whole day or just drop by...

<b>SESSION I:</b>	<b>10:00 a.m. – 11:00 a.m.</b>	<b>Financial Planning</b>
<b>SESSION II:</b>	<b>11:15 a.m. – 12:15 p.m.</b>	<b>Legal Documents</b>
<b>SESSION III:</b>	<b>12:45 p.m. – 1:45 p.m.</b>	<b>Housing Options</b>
<b>SESSION IV:</b>	<b>2:00 p.m. – 3:00 p.m.</b>	<b>Enjoying the Next Phase</b>

**SAVE THE DATES:**

4th Wednesday of each month - COGS membership meeting - free for members - non-members pay \$10 at door - Except for September meeting which cost \$35 for members and non-members.

Sept 23, 2009 - Annual Hot Breakfast & Elections/Membership Meeting, \$35, Starts at 8:00am. Ken Ulman will be the speaker.

Nov. 14, 2009 - Casino Night & Silent Auction. - Looking for silent auction donations and sponsors now!

\* No Meeting in July and August

May 30, 2009 - Senior Day - Plan Your Future.  
Over 28 vendors & free sessions. Free refreshments.

Detailed information for each event is on our web-site or you can contact us at [Info@CogsMd.org](mailto:Info@CogsMd.org)

**COGS Partnership Awards**

The award for an individual was presented to Marsha Ansel, Psychogeriatric Coordinator for the Howard County Mental Health Authority.

The award for an organization was presented to Pets on Wheels, Trish Summers, and her dog Harry.

**COGS Welcomes Our Newest Members:**

**Offit Kurman**  
8171 Maple Lawn Blvd., Suite 200  
Fulton, MD 20759  
443-738-1600  
www.offitkurman.com.com

**Homeward Living LLC**  
1334 Folly Quarter Rd  
Ellicott City, MD 21042  
410-988-3830  
www.homewardliving.com

**Senior Helpers-Annapolis, Columbia**  
8373 Piney Orchard Pkwy  
Odenton, MD 21113  
410-305-0888  
www.SeniorHelpers.com

**Morningside House of Laurel**  
7700 Cherry Lane  
Laurel, MD 20707  
301-725-2220  
www.morningsidehouse.com

**Jennifer Zonarich**, Associate  
Elder law and estate planning with emphasis in the areas of Medicaid planning, asset protection planning, and special needs planning.

**Gilbert Gawthrop**, Principal  
All professional and construction services necessary to help people stay in their home and age-in-place economically, comfortably and safely.

**Richard Berwanger**, Owner  
Family owned professional, dependable, convenient, caring and affordable in-home or facility assistance senior care. Professionally trained employee caregivers on staff.

**Lindsey Hamilton**, Director of Marketing  
Morningside House provides premier Independent Living-Assisted Living & Memory Care Services with the highest level of quality of care.

**Jessup Care Pharmacy**  
8610 Washington Blvd.  
Jessup, MD 20794  
301-483-0795  
www.jessupcarepharmacy.com

**Gary L. Kaufmann Funeral Home at Meadowridge Memorial Park**  
7250 Washington Blvd.  
Elkridge, MD 21075  
410-796-1144  
Dignitymemorial.com

**Regent Healthcare**  
8840 Stanford Blvd. #3125  
Columbia, MD 21045  
410-872-0310  
www.regenthealth.com

**Health Freedom USA**  
6470 Freetown Rd, Suite 200-67  
Columbia, MD 21044  
410-302-1892  
www.HealthFreedom-USA.com

**Fatosh (Pat) Seremet**, Vice President  
Jessup Care Pharmacy is a community pharmacy, located at the junction of Rout 1 and Guilford Rd. We offer compounding, medical and diabetic supplies, diabetic shoes, compression hosiery besides traditional pharmacy services. We deliver in a 6 mile range.

**Paul Kin**, Pre-arranged Funerals  
Provides funeral, cremation and cemetery services for Howard County, Anne Arundel County and beyond.

**Marlene Dixon**, Senior Business Development Manager  
Regent Healthcare offers both skilled and non-skilled home care services with highly competent caregivers with a strong emphasis on hospice, dementia and orthopedic care.

**Brenda Graham**, CEO  
Vitamin Supplementation. Don't wait for a problem. We maximize your health and wellness one functional test at a time.  
\* Self Administered \* Privacy of Home \* Fed Ex - Pick up at Door

